**Sutton Sailing Club**

**General Information about our Sailing Courses**

We run two sailing courses each year, one in Spring and one in Autumn. Each course takes place over 4 usually consecutive Saturdays.

You can obtain basic information about the courses from the club website at:

[www.suttonsc.org.uk](https://www.suttonsc.org.uk/level-1-2-dinghy)

The equipment that you will need is a wetsuit (or a drysuit) plus wetsuit boots or soft soled shoes, which will get wet, a change of clothes and a packed lunch. Sometimes it is also worth getting a pair of sailing gloves as ropes, or ‘sheets’, can be hard on the hands.

You must be able to swim well in deep water also.

We provide everything else.

The courses are:

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| RYA National Sailing Scheme Level 2  Instruction will be to RYA Level 2 which includes all the necessary boat handling  skills for you to become a proficient dinghy sailor. It will also include a session on  the basics of racing, as this is where the fun starts!  The course takes place over four Saturdays from 9:00 to 4:30.  Cost £180  The fee also includes the cost of an RYA book (included in this pack).  Namely: RYA 'Start Sailing Beginners Handbook'  This is a small but good book to get started as it gives all the basics. |
| We also run a course for Juniors in parallel with the Adult course  The minimum age for Juniors is 9yrs and the maximum is 16yrs, above which they join  the Adult Course.  For the Juniors, instruction will be to  RYA Youth Sailing Scheme Stages 1, 2 and 3 (dependant on ability)  The fee for the Juniors is the same as for the adult as it requires a similar amount of  support.  Key Course Details  *RTC name:* Sutton Sailing Club  *Operating base:* Sutton Sailing Club, Powells Pool, Monmouth Drive,  Sutton Coldfield, B73 6JL  *Minimum duration of the course*: Four Saturdays for Adult level 1 (Start sailing) & 2  (Better Sailing) or Junior Youth stages 1 & 2.  *Maximum student to instructor ratio*: nine to one  *Course material included in the course*: RYA Start Sailing book G3  & Log book G11 (Junior) G4 (Adult)  There are no hidden costs for the course books course, certificates, or exam fees.  Post Script  We are, of course, biased but we think our courses are very good and we get excellent  feedback. We also get a high percentage of course members joining the club after  completing the course. However, it is one thing to learn the basics of sailing but a big  gap between this first stage and sailing regularly with confidence. To help to bridge  this gap we also run an Improvers Club on many Sunday mornings at which new sailors  are helped to rig club boats (which are available to hire for a small fee) and encouraged  in developing their sailing skills.  To add to this, we also help new sailors to experience the excitement of racing without  the initial fear of sailing with a lot of other boats all around them. Thus, for two race  sessions after the course, each new member who is interested will be allocated to an  instructor who will helm for the first of the two Sunday races. The new member will  then be encouraged to helm in the second race. So, by the end of the two weeks, they  will feel confident to have a go crewing or helming a boat with other new members  of the club.    Please feel free to come down to the club on virtually any Sunday (morning in Winter)  for a chat and look round - the club is renowned for its friendliness.  You are also welcome to give me ring on 07733 287829 or leave me a message and I will  get back to you, or email any queries to learntosail@suttonsc.org.uk.  We look forward to seeing you on the course!    Kind regards  Kim  Sutton Sailing Club |

07733 287829

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